



HAVE YOU EVER EXPERIENCED ANY FORM OF VIOLENCE ?

Do you wish to help yourself and others who have experienced violence?

Do you have something to say?

DO YOU WANT TO CHANGE THE WORLD?

WE WANT TO HEAR FROM YOU

JOIN THE P.E.A.C.E. PROJECT

PEER EDUCATION AND CONNECTION THROUGH EMPOWERMENT

WE NEED YOU, come join us: be a part of something **BIGGER**, come together with others with shared experiences, **TOGETHER WE CAN** be a **FORCE** to drive **CHANGE!**

WHAT?

P.E.A.C.E. Project, Peer Education and Connection through Empowerment.

A safe space for female identified youth who have experienced violence to come together and use their shared experiences to promote change. You can help yourself and others who have experienced violence to achieve healthy outcomes. You are the expert in your own life - you have something unique to contribute. Bringing together ideas ⇨ builds change ⇨ makes an impact ⇨ **changes the world!**

WHO?

Female identified youth who are 16-24 years old and have experienced violence

WHEN?

Groups will run weekly, 2 hour sessions

WHERE?

Covenant House Toronto

WHY?

Some perks: token reimbursement, **FOOD**, build supports, **FUN** activities, but most of **ALL – BE the VOICE of CHANGE!**

Please contact **Rizani** (Health Promotion Coordinator, P.E.A.C.E. Project) at **416-908-5490** (call/text) or email razeed@covenanthouse.ca to sign up and/or for more information.

“LOUDER COLLECTIVE VOICE”



Public Health
Agency of Canada

Agence de la santé
publique du Canada

